

*Briarstone Manor is located at: 101 Elpens Court, Abilene, TX 79604 Meetings are every Wednesday at Noon*

**From Our Departing Lieutenant Governor  
NEIL TATOM**

It has been an honor to be your partner as Lieutenant Governor over this past year. Division 35 has led the pack as it always does again this year. I was so proud of all of our clubs at the T-O Convention at Sea as award after award was presented to our division. You have gone the extra mile and have put forth the extra effort this year. I want to thank you and tell you how proud I am of all of our clubs! It looks like Division 35 will be a distinguished division again this year.

I want to thank all of my division chairs, presidents, secretaries, club officers and directors for a great year. I want to thank most of all my first lady Barbara. I don't think I could have found a wife who would have been more supportive than she has been this year. I want to most of all thank you for all of the children of Division 35 whose lives have been improved by your efforts over this year. Helping the children is what we are all about as Kiwanians! As this year draws to a close I have mixed feelings, Barbara and I feel like proud parents who are sending their child away to college, but the empty nest is going to be nice!

Thank you again for a great Year! It is now my honor to pass the baton to your new Lieutenant Governor Gene Linder. I know we are going to have another great year under his leadership!

**OPENING CEREMONY FOR 10/4/06**

**President Margaret Hoogstra** presided over the meeting. **Ty Purcell** led the singing and **Millie Braddy** played the piano. **Jerry Harris** led the prayer; **Alan Eggleston** led the pledge and **Dub Pritchett** introduced the program.

**WHAT A MEETING!** October 4, 2006



**CONNIE STEVENS**  
**West Texas Rehabilitation Center**

Using a power point presentation Connie discussed how we hear. She talked about what goes wrong and how we can medically treat these problems and of course the difficulties that go along with permanent hearing loss. Hearing aids have come along way over the years. She discussed the works of a hearing aid, noting that they are "an ultra miniature electro-acoustical device". "It is a product that one puts off buying for approximately ten years after it is needed but can not do without it for thirty minutes when it needs to be serviced".

We learned that Texas has one of the best programs in the USA where you can choose a phone that is amplified.

Connie also talked about so many people suffering from dizziness and in-balance as well as vertigo. She notes that we must be specific about our symptoms in order to get the proper help. Dizziness is the number one complaint of people over age 70. It's the number three complaint of adults behind headaches and back pain. Thanks to Connie we can now understand more about hearing and how precious it is.

### PRAYER REQUESTS

For the untimely deaths & injuries in the Robinson, Kennedy and Jones families.

A.C. Johnson's son-in-law is having chemotherapy.

Raymond McDaniel has had surgery.

James Cassle has had surgery.

Joe Felton is at Coronado Nursing Center.

John Thomas' son Joseph.

Gloria Fanous' mother Teresa Schrader.

Billy Clay \*\*\* Nelda Wallace \*\*\* H.B. Terry \*\*\* H. Bedford Furr

Bill Alexander \*\*\* Darrell Flippo \*\*\*

*To those not mentioned, our prayers are still with you.*



### SPIRITUAL AIMS MESSAGE – The Happy Puppy

I heard a story about a little puppy that noticed that whenever he was happy, his tail wagged, so the thought he had found the secret to happiness. One day he shared the secret of happiness with an older dog. He said, "I have learned that the best thing for a dog is happiness, and that happiness is in my tail. So I am going to chase my tail; and when I catch it, I shall have happiness!" The old dog replied, "I also believe that happiness is a marvelous thing for a dog, and that happiness is in my tail. But I have noticed that when I chase it, my tail keeps running away from me; but when I go about my business, it follows me wherever I go."

Many of us are like that little puppy chasing his tail -- trying to find true happiness that is always just out of our reach. The Bible says, "Happy is he who trusts in the Lord." (Proverbs 16:20 RSV) What we need to do is learn that if we will just go about our business and trust in the Lord, and happiness will follow us wherever we go.

### BIRTHDAYS –October

Bobbie Wolfe            13                            Lee Hagelstein            17

### KIWANIS MINUTE

The first Kiwanis Club was organized in Detroit, Michigan, U.S.A., in 1914. The group received a charter from the state of Michigan on January 21, 1915—the day that is regarded as the birth date of Kiwanis. The founding club's name is Detroit Kiwanis Club No. 1 in recognition of its heritage. The first name suggested was, Benevolent Order of Brothers, but, Mr. Robertson, a charter member of the Detroit No. 1 Club said "It seems to me that Benevolent Order of Brothers is a mighty peculiar name for an organization of business. Who wants to be a BOB?"

### PRESENTATIONS



Past-President Gordon Dowell presented those members not in attendance at the Celebration Banquet with certificates of recognition. Keith Garner for Interclub Attendance and Legion of Honor for 25 years, Jeff Goodin, Legion of Honor for 25 years, Mike Waters, Legion of Honor for 25 years, Jerry Carter, Legion of Honor for 35 years, Ray King, Legion of Honor for 35 years, Royce Manning for Distinguished Service as Agriculture Committee Chairman.

**Luncheon Cup Money for October 4, 2006 was \$48.95**

## SOS COMMITTEE

Reminder--Russell Berry and the SOS Committee want's you to help the children of Reagan Elementary School read. Please contact Russell Berry or Charles Kirkpatrick if you can give one hour of your time to help these ever grateful children.



## GUMBALL REPORT

Gumball King Earl Williams reported that for August we had 1230 machines in operation. From a reading of 387 machines we received \$487.44. This brings the grand total to \$224,338.84.

## SEE BY THREE

Clarence Presswood is looking for volunteers for See by Three. This year's program began September 19<sup>th</sup>. This is a busy time for this committee and volunteers would be greatly appreciated.

# MEMBERSHIP

<u>New Member</u>	<u>Sponsor</u>	<u>Date</u>
Connie Stevens	Dub Pritchett	10/4/06
Dub Hawkins	Pamela McGrew	10/4/06

This week we welcomed our guest speaker Connie Stevens to the Kiwanis Club of Abilene. Connie as you know is Director of Hearing and Balance at the West Texas Rehabilitation Center.

We also had the pleasure of welcoming Dub Hawkins. Dub is the Executive Director of Sears Methodist Retirement System and is married to Jody.



## GUESTS FOR 10/4/06

**Doug Williamson** introduced the guests.

Cindy Darby was the guest of Randy Williams.

Mark Grinders was the guest of Chris and Kristen Carnohan.

Bradley Campbell was the guest of David Bacon.

James and Lynda Myers were the guests of Margaret Hoogstra.

Richard Lee from the North Abilene Club was the guest of Caroline Lee.

## FUTURE PROGRAMS

10/18/06-Joe Specht "Songs of Abilene"

10/25/06-Gary McNoll "FBI"

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11/22/06-Thanksgiving Program (Spiritual Aims)

*Programs are subject to change without notice.*

## KIWANIS' CALENDAR OF EVENTS

10/12/06-First Board Meeting of 2006-2007, Briarstone Manor, 12 noon.

10/19/06-Program Committee Meeting, Briarstone Manor, 12 noon.

10/27/06 & 10/28/06-K-Family Conference, Marriott DFW Airport

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11/03/06-United for Kids Tailgate Party

11/04/06-Charter night for new Kiwanis Club of Fort Stockton

11/14/06-Division 35 Council Meeting, Cotton Patch Restaurant, 6:30pm

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12/04/06-Governor's Banquet

**PIES & CHEESECAKES**

The Kiwanis Club of North Abilene & Kiwanis Club of Greater Abilene will be selling pies for their clubs to benefit Young Children Priority One. Pies and cheesecakes will be for sale until Friday, October 13<sup>th</sup>. If you would like to place an order please contact Caroline Lee or a member of either club. Mmm Mmm Good!

**HEART WALK**

Lee Haglestein asked for donations in his efforts to raise money for The American Heart Associations Heart Walk. If you are able to make a contribution please contact Lee as soon as possible.

**OUR NEXT PROGRAM-10/11/06**

**“THE TIE THAT BINDS”**

“Bless be the tie that binds. . .” – have you ever considered how this applies to Kiwanis? And *exactly how* are we bound together?

As we begin a new administrative year, you will have an opportunity to participate in this week’s program and determine what ties will bind you with your fellow Kiwanians.

This is a program you won’t want to miss!  
See you at the Briarstone on Wednesday, October 11th at noon!

**INTERCLUB-9/29/06-North Abilene**

Keith Garner, Bill Hoogstra, Caroline Lee, Roy Lewis.

**INTERCLUB-10/2/06-Key City**

Keith Garner, Roy Lewis, Ken Poynor, Lt. Gov. Gene Linder

**INTERCLUB-10/6/06-North Abilene**

Keith Garner, Bill Hoogstra, Nancy Miller, Ken Poynor

**THANK YOU**



**Dear Kiwanian Friends-**

I want to thank you so much for the great evening honoring Bailey. The Celebration Banquet was really nice-the food was great and the red roses presented to me are fabulous. Thanks again-I love you all.

Lovingly, Rosemary Choate

P. S. Bailey would have been so proud to know that Henry McGinty received the award for Sustained Excellence!

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**Dear Fellow Kiwanians,**

Thank you so much for the great honor you bestowed on me at the Celebration Banquet. I’m deeply humbled to think I was even considered as “Kiwanian of the Year.” There are so many wonderful Kiwanians who have given years of their time, money and talents. I’m really among the least of these-just tried to help when asked. This truly is an honor, coming from people I respect and admire greatly-the Greatest Kiwanis Club in the Universe.

Lora Lynn Christensen

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**Royce,**

Please express my appreciation to the membership of the Kiwanis Club of Abilene for the many hours volunteered during the state 4-H Horse Show as well as the monetary support your club gives to the Taylor County 4-H Program. Your support always for successful educational activities year round.

Kit Horne

**Dear Kiwanis Club,**

Thank you for buying me hearing aid batteries.  
From, Alejandro Huerta, 7<sup>th</sup> grader

**SOMETHING ELSE**

This was found in a Reader’s Digest Magazine.

**Super foods to Fall for:**



**Pumpkins**, they’re rich in beta carotene, which may reduce the risk of developing certain cancers and heart disease. They may also deter some aspects of aging. They are low in calories, fat and sodium, and high in fiber. The seeds are high in protein and are loaded with magnesium and iron.

**Butternut squash**, This is one of the healthiest vegetables around. Like other winter squash, butternut squash is high in vitamin c and beta carotene.

**Pomegranates**, these are especially high in antioxidants, such as ellagic acid, that reduce inflammation, which may be a factor in both heart disease and many types of cancer. There has been a study published in the American Journal of Cardiology that finds pomegranate juice reverses the progression of coronary heart disease. A new study has also found that pomegranate juice reduced the growth rate of prostate cancer.

**Tomatoes**, they are rich in lycopene, which may help reduce the risk of heart disease, breast, lung, and prostate cancer. Cooking helps activate lycopene, so tomato paste and sauce may be especially beneficial. Tomatoes also have vitamins A, C, E, and potassium.

**WHAT YOU SHOULD KNOW**

**2006-2007 OFFICERS**

<i>Margaret Hoogstra</i>	<i>President</i>	<i>Carl Lockett</i>	<i>President-Elect</i>
<i>Lora Lynn Christensen</i>	<i>Vice-President</i>	<i>Ricki Brown</i>	<i>Treasurer</i>
<i>Bruce Davis</i>	<i>Vice President</i>	<i>Kimberley Cole</i>	<i>Foundation Treasurer</i>
<i>Guinn Smith</i>	<i>Vice President</i>	<i>Ty Purcell</i>	<i>Secretary</i>
<i>Gordon Dowell</i>	<i>Immediate Past-President</i>	<i>Henry McGinty</i>	<i>Assistant Secretary</i>

**2005-2006 DIRECTORS**

**TWO YEARS**

- Charles Kirkpatrick*
- George Knight*
- LuGene Lewis*
- Pam McGrew*
- Kenny Smith*

**ONE YEAR**

- Russell Berry*
- Dennis Laster*
- Clinton Nix*
- Sheila Watts*
- Mark Young*

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**KIWANIS IS WHERE A NEED IS Served**